

**From:** [Lucy Wight](#)  
**To:** [LCB DL Rules](#)  
**Subject:** Alcohol withdrawals syndrome warning label  
**Date:** Wednesday, September 18, 2024 3:10:50 PM

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External Email

Hi. My name is Lucy Wight, and together with my child, Levi Stribling, I would like to inquire if there is an existing law requiring all alcohol bottles sold in Washington State to contain a warning that says something like....

Patients who receive adequate medical support have a lower risk of death from AWS ...  
Levi and I are not affiliated with any organization. We are just voters in Snohomish County. We live in Lake Stevens at 13930 44th st NE. Zip code 98258.

The rationale is according to 2010 statistics, which are pretty consistent since 1990, percentage of alcohol related deaths from AWS is around 6.6 to 7 percent amount people with DTs , cirrhosis, and other chronic conditions.

5 % materiality rate of alcohol related deaths, from AWS among normal healthy individuals. I could talk more about this statistic, and I'm not sure if current statistics remain true to this course, but historically Washington's alcohol statistics according to the CDC and prevention are pretty consistent.

I gave you my address, I'm not sure what authorized means, but is it needed? Absolutely! Alcohol related deaths in 2010 were 2457. Five percent of that represents AWS deaths of I understand correctly, that is 123 people died in 2010 because they were trying to stop drinking and didn't have the appropriate information to do it in a safe manner, I assume.

Actually it's not an assumption. I had a near death experience from quitting drinking after my dependence on alcohol became so severe I was experiencing DTs. So I will violate my own anonymity here, but only because I have the luxury of having returned from dying to explain to you I had no idea withdrawals from alcohol could be fatal. Let the consumer have the opportunity to know this, please.

I feel this warning is super needed, although I am unaware of it conflicts or duplicates existing State or Federal rules.

Statistics also show preventive measures could cut the AWS mortality rate in half. So while I believe we are offering some rally against this statistic, according to the CDC, Behavioral Health and school education. Going back to the 2010 statistic of 123 Alcohol Withdrawal Syndrome deaths, if half of those could have been prevented by going upstream and warning the consumer. Wouldn't that be 61 grateful families in 2010 alone that may be didn't have to lose a loved one who was trying to get right on such a horrible way. In fact, if it could save a single life, I don't understand why we aren't doing this.

This rule would apply to all alcohol sold in Washington, Im sure it imposes less unreasonable cost than a class action lawsuit suit. Not that a class action lawsuit suit is an unreasonable cost, I don't feel a humane warning is an unreasonable cost.

The suggested warning seems simply stated. I'm not a lawyer who could tell you the perfect verbage. I don't believe it differs without justification from a Federal law.

Levi and I would request a new rule or amendment to existing rule as those who know the process seems fit. For our states alcohol bottles to include the warning. Alcohol can cause DTs and withdrawals from it at that point has 1.5 times higher mortality rate. Or simply  
**PATIENTS WHO RECEIVE ADEQUATE MEDICAL SUPPORT HAVE A LOWER RISK OF DEATH FROM AWS.**