

Prevention and Public Health Program Update

Sara Cooley Broschart January 8, 2020

Hello! I'm the Public Health Education Liaison





learn, work, and play,"

Education

Internal: What about public health and prevention science is important for us at LCB to consider and act upon? External: What are we doing at LCB that other public health focused agencies, communities want to know about?

Research and analysis

- Requests for information and materials broad audience, including statewide organizations, state agencies, other states and countries, local jurisdictions, and researchers.
- Policy/legislative/rule-making information is basis for large number of requests
- Questions are often complex, needing additional follow-up.
- Collaborations with other agencies and statewide organizations has been critical for consistent messaging, economies of scale, and broader outreach.

Policy Work

Key areas

- LCB Legislative Team
- Weekly interagency calls during legislative session
 - ▶ DOH, DBHR, OSPI, WASAVP, etc.
- Informational emails to stakeholders regarding legislation, rules
- Responses to requests for legislative/rulemaking information
- Actively engage prevention, public health and community groups in our rule making processes

Engagement

External

- Webinars and presentations to public health partners.
- Prevention Roundtables
- Training on how to get involved with rule making
- Education web pages (currently being revised) stay tuned!
- Connecting communities with Enforcement officers

Internal

- Sharing relevant report and articles via email
- Prevention education series to come

Visits April 2019 - January 2020



Prevention Voices

Marijuana Packaging and Labeling Listen & Learn October 11, 2019



Liaison

Dictionary

Search for a word



noun

1. communication or cooperation which facilitates a close working relationship between people or organizations.

"the head porter works in close **liaison with** the reception office" *synonyms:* cooperation, contact, association, connection, collaboration; More

2. the binding or thickening agent of a sauce, often based on egg yolks.

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Coordination with Agencies

WA Healthy Youth Coalition - Co-Chair

Communications Team

Advisory for DOH Media campaigns

- WA Poison Center data collection and policy work
- Department of Health development of educational materials (consumers, youth, parents and other influential adults), YMPEP program

Healthy Youth Survey Planning Committee Planning for 2020 survey (October)

'Healthy	Youth	Survey	
Home	Survey Result	s Press Releases	



Survey Results Press Releases



Log Or



The Healthy Youth Survey (HYS) is a collaborative effort of the Office of the Superintendent of Public Instruction, the Department of Health, the Health Care Autority - Division of Behavioral Health and Recovery, and Liguor and Cannabis Board.

The Healthy Youth Survey provides important survey results about the health of adolescents in Washington. County prevention coordinators, community mobilization coalitions, community public health and safety networks, and others use this information to guide policy and programs that serve vouth.

New Information

- The 2018 HYS results are here! Visit the Press Releases page. You will also find new data in all of the reporting tools.
- Getting Access to district and building results? Click Here.
- State, ESD and county results are available on AskHYS to the public. School district and school building results are available to those with permission from their district Superintendent. See the 'Getting Access' page for more information.
- Comments or questions about the Healthy Youth Survey or the AskHYS.net website? <u>Click here</u> to send your thoughts to the Healthy Youth Survey Planning Committee.

Results Available on AskHYS

- Healthy Youth Survey results from 2002 through 2018 are available now on AskHYS
- · Fact Sheets: Pre-formatted fact sheets on important HYS topics at the state and local level.
- Reports: Annual frequency reports at the state and local level, and statewide analytic reports with survey details and trend results.
- Q x Q Analysis: An interactive data query system to analyze state and local results for a single HYS question or to analyze two questions together - that is crossing one Question by another Question $(Q \times Q)$.
- Who has Results?: Past participation in HYS from 2002 to 2018 by school. district.

Training Videos

- What is AskHYS.net?
- Do I need to Log On?
- What is a Fact Sheet?
- Generating a Fact Sheet.
- Fact Sheet Content.
- What is a Frequency Report.
- Opening a Frequency Report.
- What are Additional Reports?
- What is the QxQ?
- Interpreting QxQ Results.
- Crosstab Limitations.

Coordination with Agencies (cont.)

- Strategic Prevention Enhancement Policy Consortium
- WA Impaired Driving Advisory Committee (WIDAC)
- HCA Department of Behavioral Health and Recovery
- UW Alcohol and Drug Abuse Institute (research and education coordination)
- DOH Vape-Associated Lung Injury response

Responding to things like VALI

2,561 VALI cases reported nationally, including
 55 deaths as of December 27, 2019



Vaping-associated Lung Injury Report<mark>ed</mark> to CDC*



Legend

Number of lung injury cases per state

- 0 cases
- 1-9 cases
- 10-49 cases
- 50-99 cases
- 100-149 cases
- 150-199 cases
- 200-249 cases

*Note: Case counts as of December 10, 2019; characteristics as of December 3, 2019 Source: Centers for Disease Control (https://www.cdc.gov/tobacco/basic information/e-cigarettes/severe-lungdisease.html

67% are male

78% of patients are under 35 years old

~80% reported using THC-containing products

~54% reported using nicotine-containing products

- THC-containing products playing a major role
- ~13% reported only using nicotinecontaining products

Vaping-associated Lung Injury Reported in Washington*



- 21 cases
- 57% male
- 48% <30 years old
- 43% reported using THC-containing and nicotine products
- 14% reported using THC-containing products <u>only</u>
- 43% reported only using nicotinecontaining products
- 10% unknown

LCB's Responsibilities

- Consumer warnings
- Ingredient disclosure (marijuana licensees only)
- Enforcement of bans
- Immediately ban identified causes of the outbreak
 - Vitamin E acetate banned by State Board of Health 11/18
- Legislation

What does Prevention work in Washington look like?

STATE OF WASHINGTON Substance Use Disorder **Prevention and Mental Health Promotion**

Click HERE for a link to the Strategic Plan.

Five-Year Strategic Plan 2017-2022 Washington State Prevention Enhancement Policy Consortium Updated October 2019

CA 82-0123

In Summary

We will build the health and wellness of individuals, families, schools and communities where people can be as healthy as possible in a safe and nurturing environment...



Prevention services are focused in communities and Tribes throughout Washington



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DSHS| Research and Data Analysis Division | Olympia, WA • SEPTEMBER 2017

Information System (CORE).

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Acronym soup

YMPEP from DOH
CPWI from DBHR
DFC from SAMHSA





Goal: Prevent Washington youth from using and abusing alcohol, marijuana, tobacco and vapor products.

A Summary of What Works in Prevention

Our time and scarce resources are best used to teach positive, healthy behavior, rather than trying to stop dangerous behavior through manipulation or strategies that contradict research.

When we cannot use established evidence-based programs and strategies, communities should consult the Principles of Effective Prevention to prevent harm and ensure our innovative programs achieve the results we want.

As a rule of thumb:

- focus on healthy alternatives to use;
- enhance connections to, and bonding with, prosocial adults, peers and organizations;
- use structured interactive approaches that include skill practice; and
- focus on normative education that portrays true use rates and corrects misperceptions.



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- Education
- Policy change
- Environmental change
- Skill building for individuals and families
- Working with retailers

2020 Vision

- Build Prevention and Public Health engagement in our rulemaking process: can we achieve parity?
- Outreach to wider range of Washington communities with training and skill building sessions



LOOKING FORWARD to working together towards prevention and public health