

Know the Risks of High-THC Cannabis Products

Frequently using products with 35% THC or higher can increase the risk of developing mental health disorders, including:

- **Cannabis Use Disorder (tolerance, cravings, loss of control)**
- **Psychotic disorders (e.g., Schizophrenia)**

The risk is higher if you:

- **Have a personal or family history of psychotic or mental health disorders**
- **Are under 25 years old**



Scan the QR code for more info on high-THC and your health.

doh.wa.gov/High-THC



Need Help?

Call the Washington Recovery Helpline at **1-866-789-1511**.

Notice required at Point of Purchase under RCW 69.50.357 5(a)