



Washington State Liquor and Cannabis Board

April 2025
Updates

healthy
youth
SURVEY



Washington Office of Superintendent of
PUBLIC INSTRUCTION



Washington State Department of
HEALTH

Washington State
Health Care Authority



Washington State Liquor and Cannabis Board

HYS 2025 Timeline

- Each cycle is a two-year period
- 2024 was a revision year
- 2025 is a recruitment and administration year

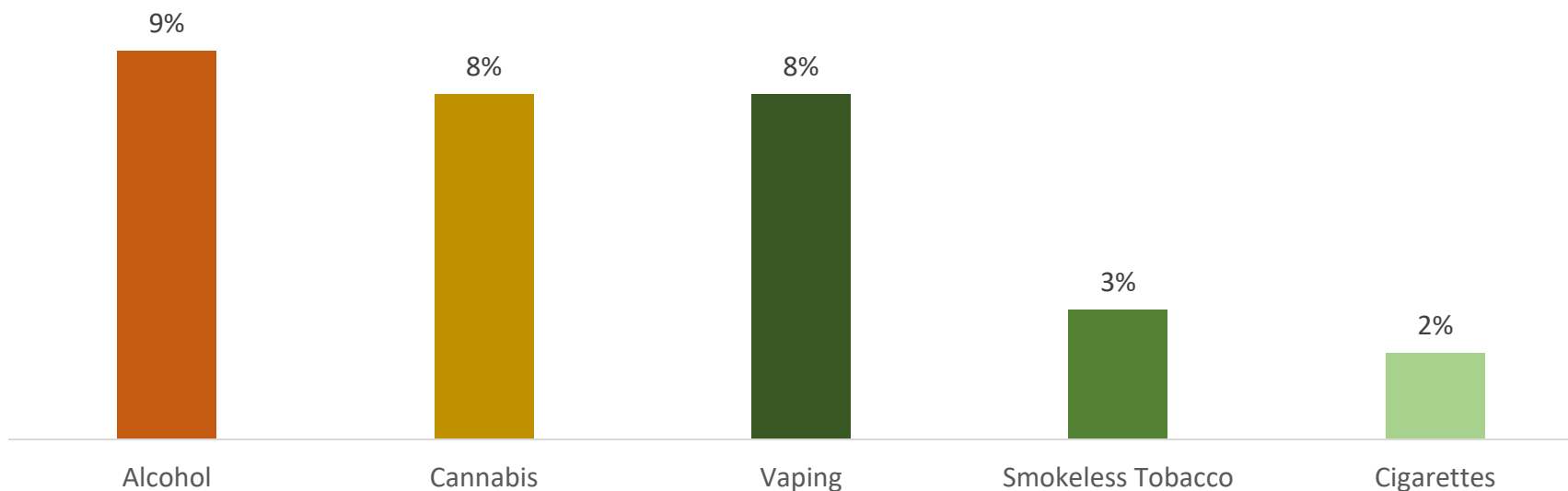




Washington State Liquor and Cannabis Board

In the last HYS survey (2023), results showed:

- Substance use remains 50%+ lower than pre-pandemic (2018)
- Current substance use had no significant change 2021 to 2023
- HYS 2023 Current (30-Day) Use Among 10th Graders:





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HYS Focus Groups: Crossover Beverages

1. How familiar are you with these products?
2. How would you describe these products?
3. Have you heard of the term “crossover beverage”?

Discuss



Take a look at the following products:





Overview of Changes for HYS 2025

- **Added e-cig/vape risk perception questions**
 - *If you wanted to get: An e-cigarette or vape, how easy would it be for you to get one?*
 - *How much do you think people risk harming themselves if they: Vape regularly (at least once or twice a week)*
 - *How wrong do YOU think it is for someone your age to: Vape?*



Overview of Changes for HYS 2025

- Added e-cig/vape risk perception questions
- **Better defined an 'alcoholic drink'**
 - *"A drink is a glass of wine, a bottle or can of beer, a shot glass of liquor, a mixed drink, etc."*



Overview of Changes for HYS 2025

- Added e-cig/vape risk perception questions
- Better defined an 'alcoholic drink'
- **Included additional alcoholic beverage options**
 - *"Cider"*
 - *"Spiked or hard beverages, such as seltzer, tea, lemonade, or soda"*



Overview of Changes for HYS 2025

- Added e-cig/vape risk perception questions
- Better defined an 'alcoholic drink'
- Included additional alcoholic beverage options
- **Specified hemp-derived products**
 - *"If you have ever used hemp-derived products like Delta-8 ($\Delta 8$), Delta-10 ($\Delta 10$), or THC-O, how did you get them? Choose all that apply."*



Overview of Changes for HYS 2025

- Added e-cig/vape risk perception questions
- Better defined an 'alcoholic drink'
- Included additional alcoholic beverage options
- Specified hemp-derived products
- **Added online/social media as a response option for ways youth get substances**
 - *"During the past 30 days, if you used [SUBSTANCE], how did you get it? Choose all that apply."*
 - ☐ *I got them from a social media app or from the internet.*



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Thank you! Questions or comments?