## **Know the Risks of High-THC Cannabis Products**

Frequently using products with 35% THC or higher can increase the risk of developing mental health disorders, including:

- Cannabis Use Disorder (tolerance, cravings, loss of control)
- Psychotic disorders (e.g., Schizophrenia)

The risk is higher if you:

- Have a personal or family history of pyschotic or mental health disorders
- Are under 25 years old

Scan the QR code for more info on high-THC and your health. doh.wa.gov/High-THC



## **Need Help?**

Call the Washington Recovery Helpline at 1-866-789-1511.

Notice required at Point of Purchase under RCW 69.50.357 5(a)



