



2016

WA State Healthy Youth Survey

A Brief Summary

Mary Segawa, MS
Public Health Education Liaison
Board Meeting

April 2017



Healthy Youth Survey

www.AskHYS.net



Healthy Youth Survey

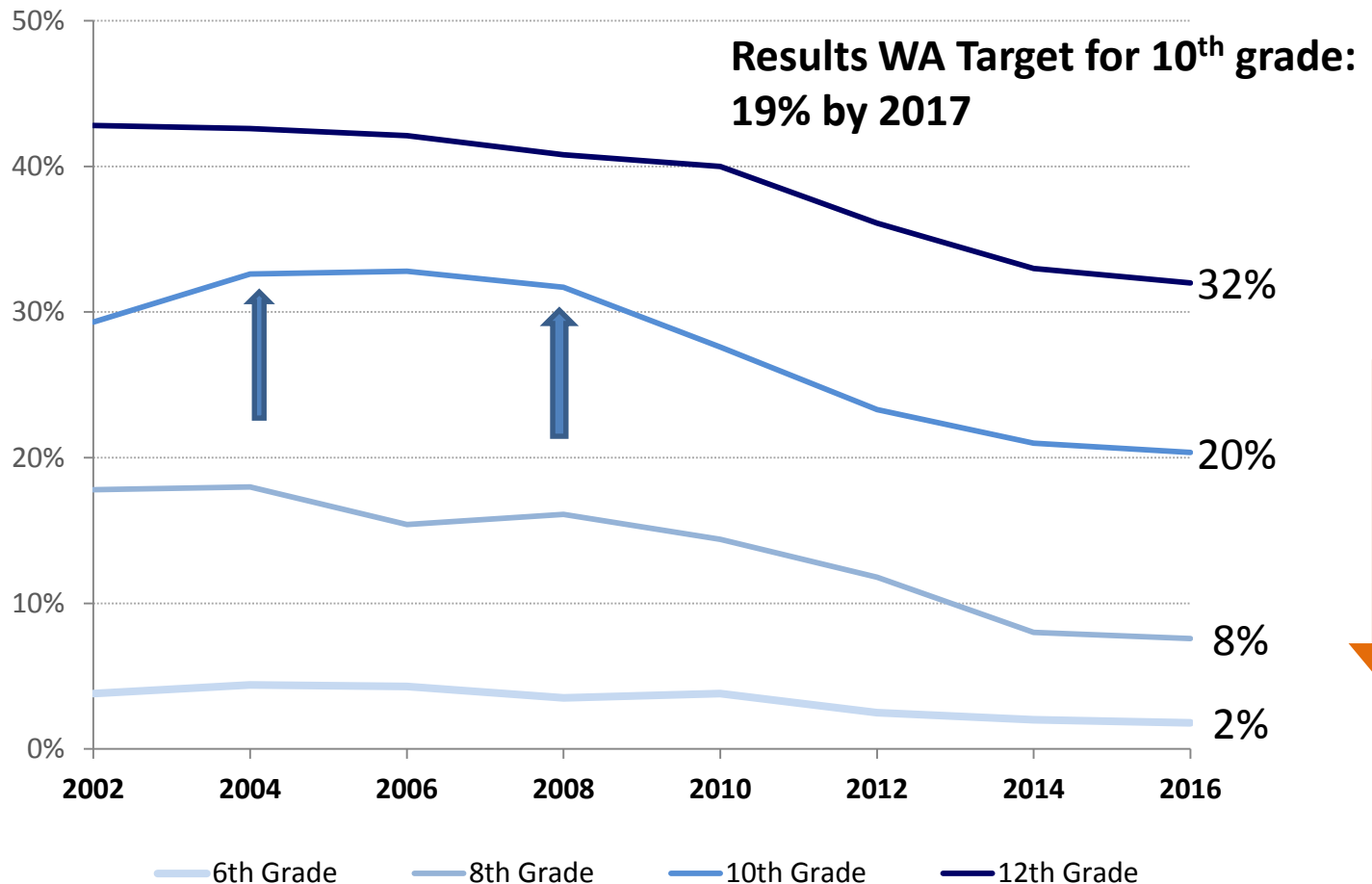
2016 Participation:

- All 39 Counties
- 236 School Districts
- 1,034 Schools
- 231,891 Students total
- 36,809 Students in the State Sample



Alcohol Use: Past 30 Days

Year	10 th Grade Alcohol Use
2002	29%
2004	33%
2006	33%
2008	32%
2010	28%
2012	23%
2014	21%
2016	20%

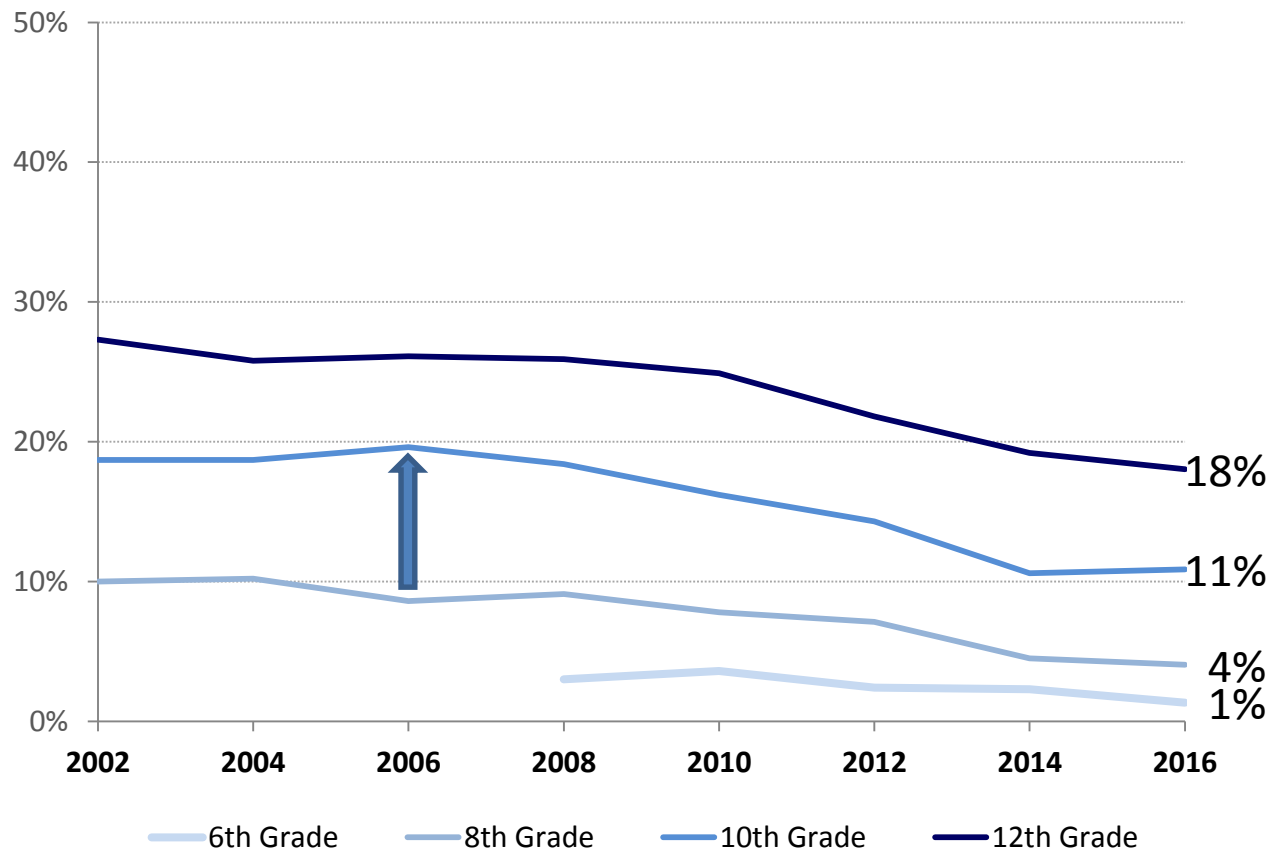




Binge Drinking, Past 2 weeks

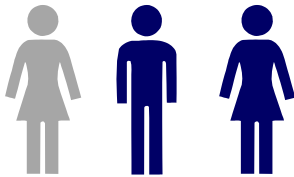
Had 5 or more drinks in a row during the past 2 weeks?

Year	10 th Grade Alcohol Use
2002	19%
2004	19%
2006	20%
2008	18%
2010	16%
2012	14%
2014	11%
2016	11%





10th Grade Level* of Alcohol Use



Among 10th graders who drank alcohol in the past 30 days, almost 1 in 3 are problem drinkers

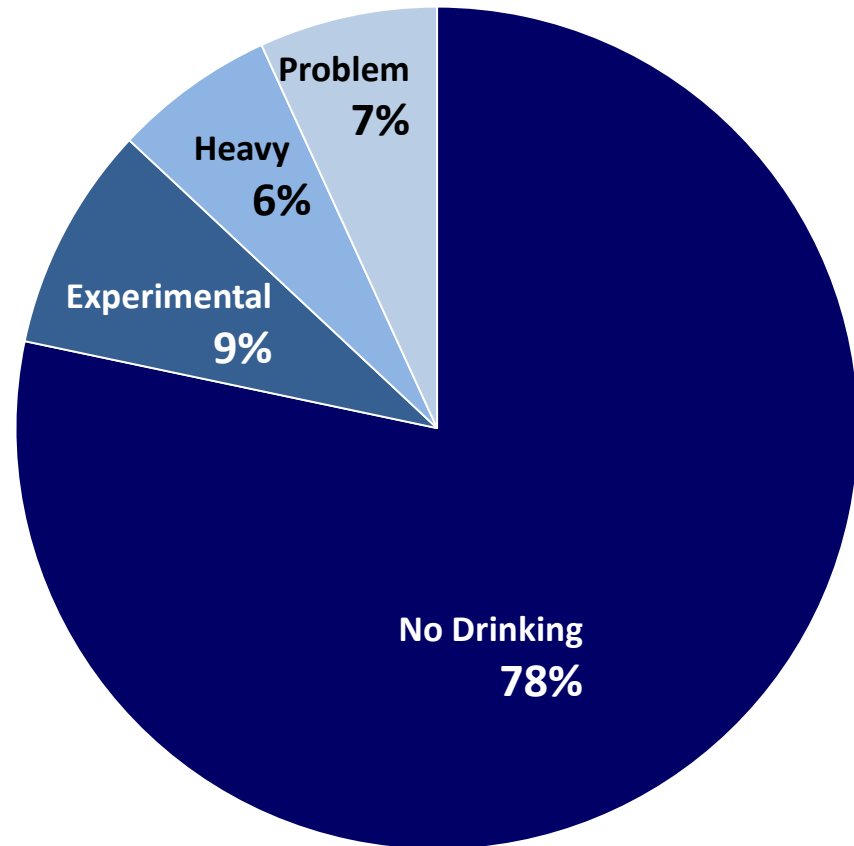
*LEVEL OF ALCOHOL USE

None: no drinking in the past 30 days and no binge drinking in the past 2 weeks

Experimental: 1-2 days drinking, and no binge drinking

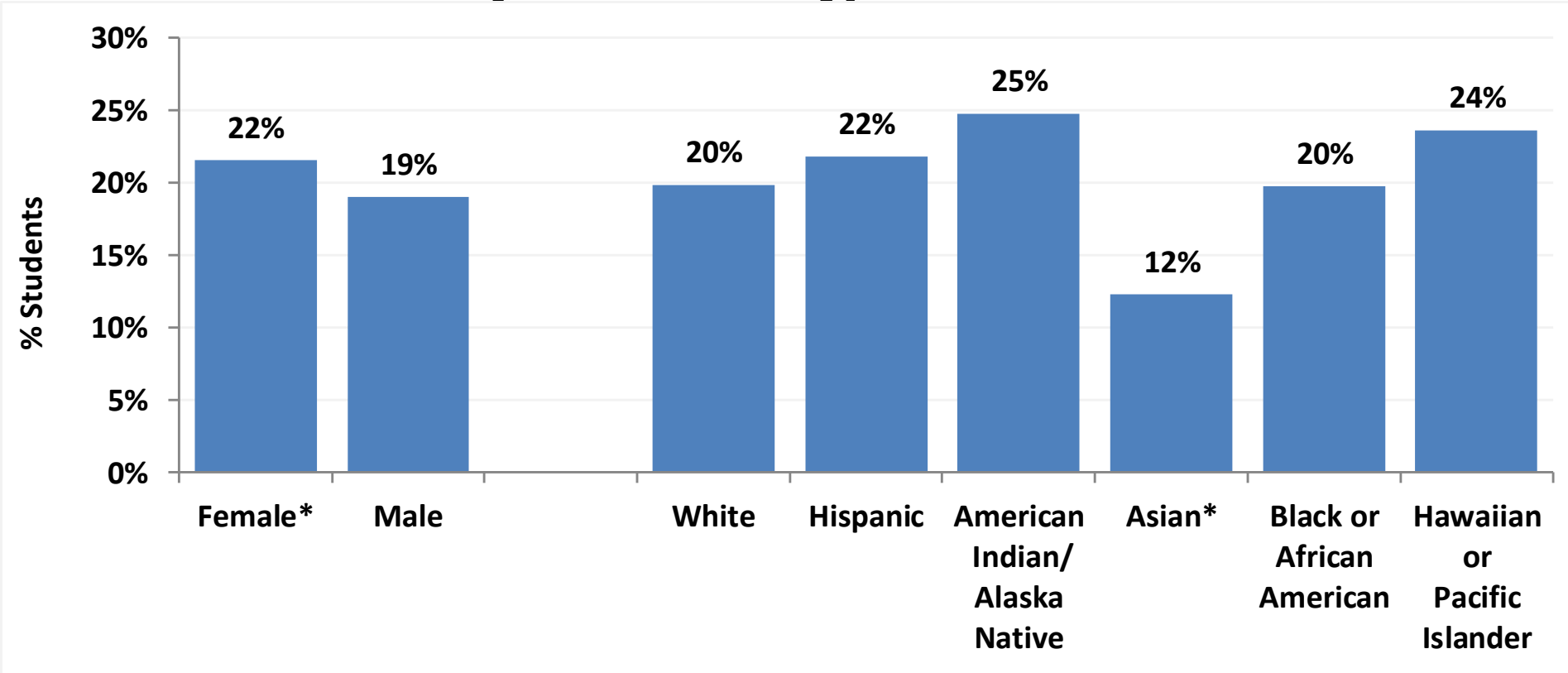
Heavy: 3-5 days of drinking, and/or one binge

Problem: 6+ days drinking, and/or 2+ binges





Current Alcohol Use By Gender and Race/Ethnicity, 10th Grade



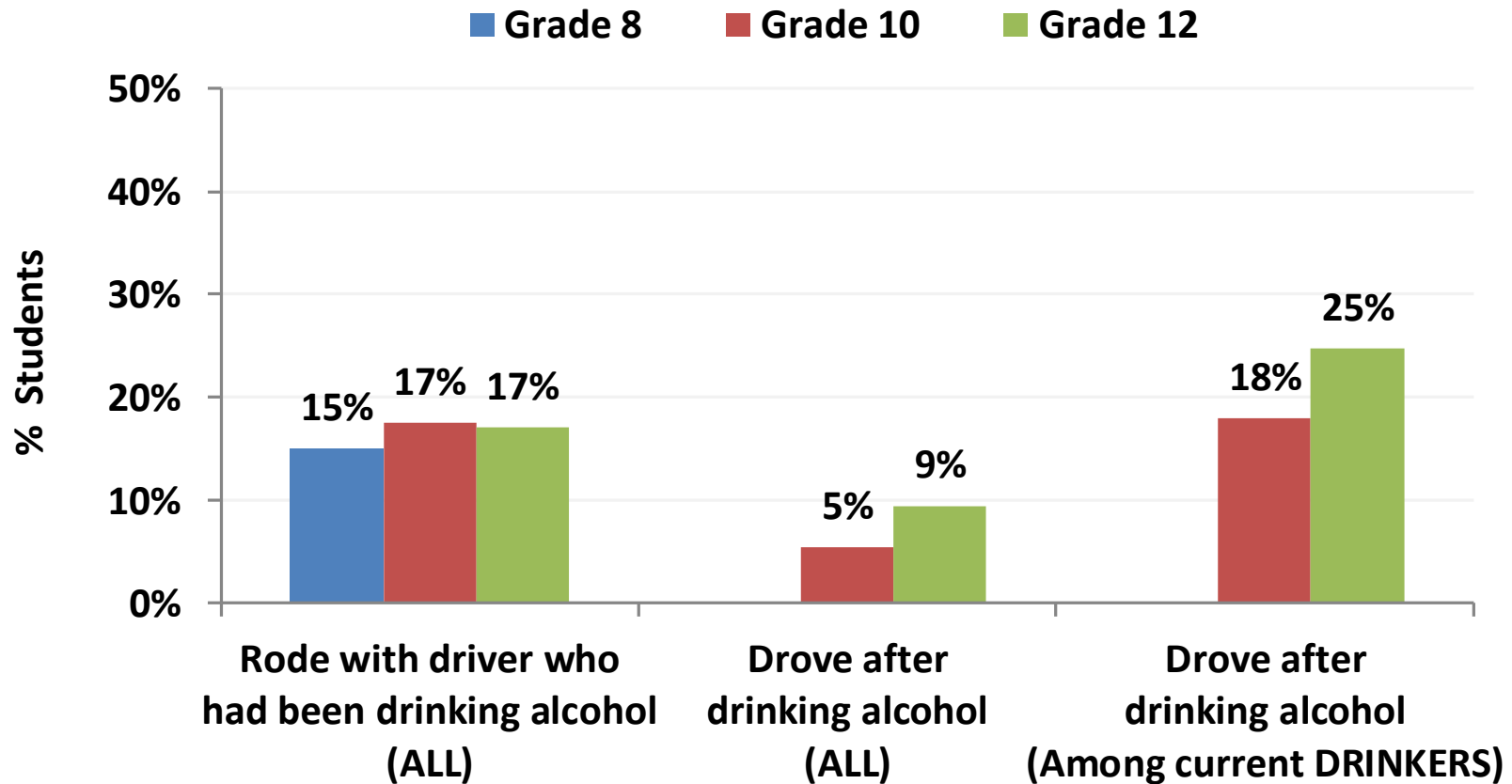
Source: Washington State Healthy Youth Survey – 2016.

Race/Ethnicity: Hispanic includes any respondent that selected Hispanic, all other races are non-Hispanic

** Indicates significant difference by gender, or compared to White non-Hispanic*



Alcohol - Riding and Driving, Among All Students & Current Drinkers

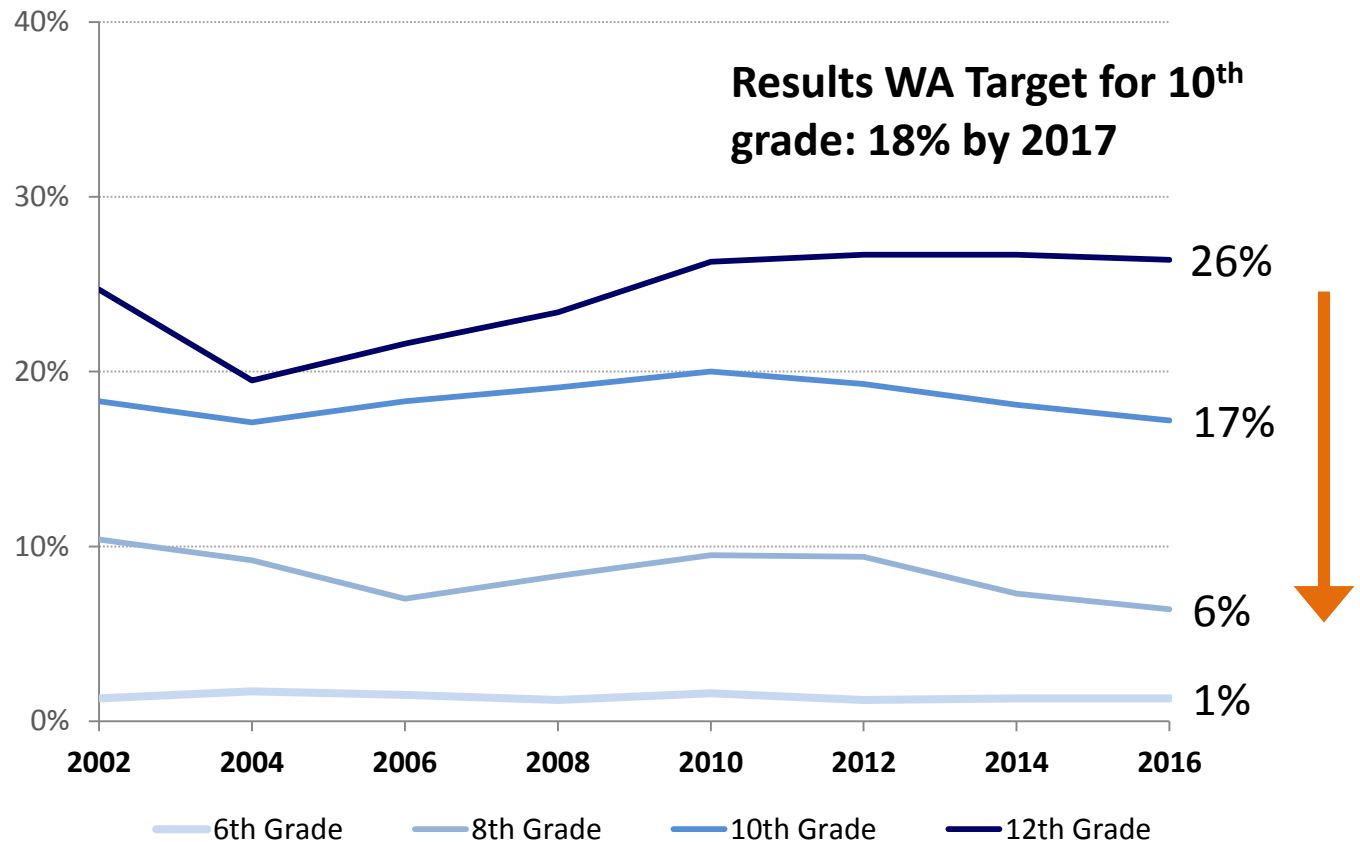




Marijuana Use: Past 30 Days

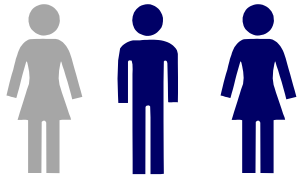
Used marijuana/hashish during the past 30 days?

Year	10 th Grade Marijuana Use
2002	18%
2004	17%
2006	18%
2008	19%
2010	20%
2012	19%
2014	18%
2016	17%

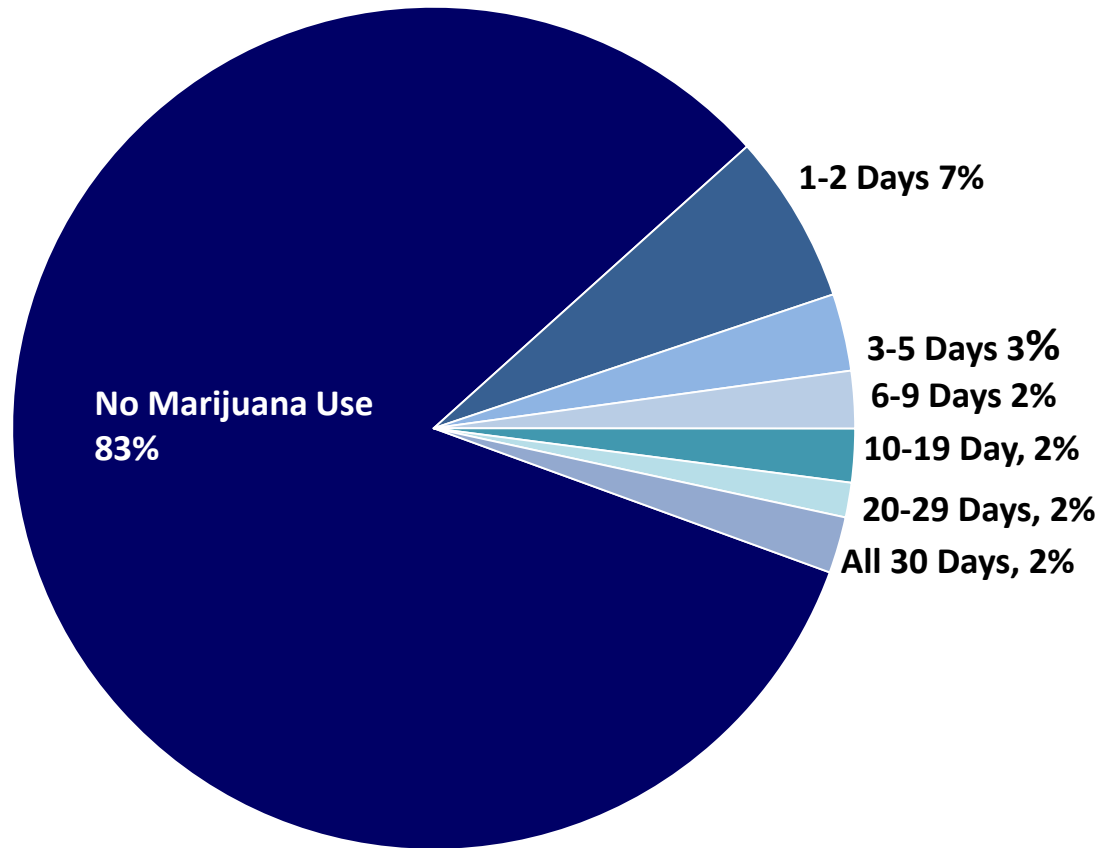




10th Grade Level of Marijuana Use

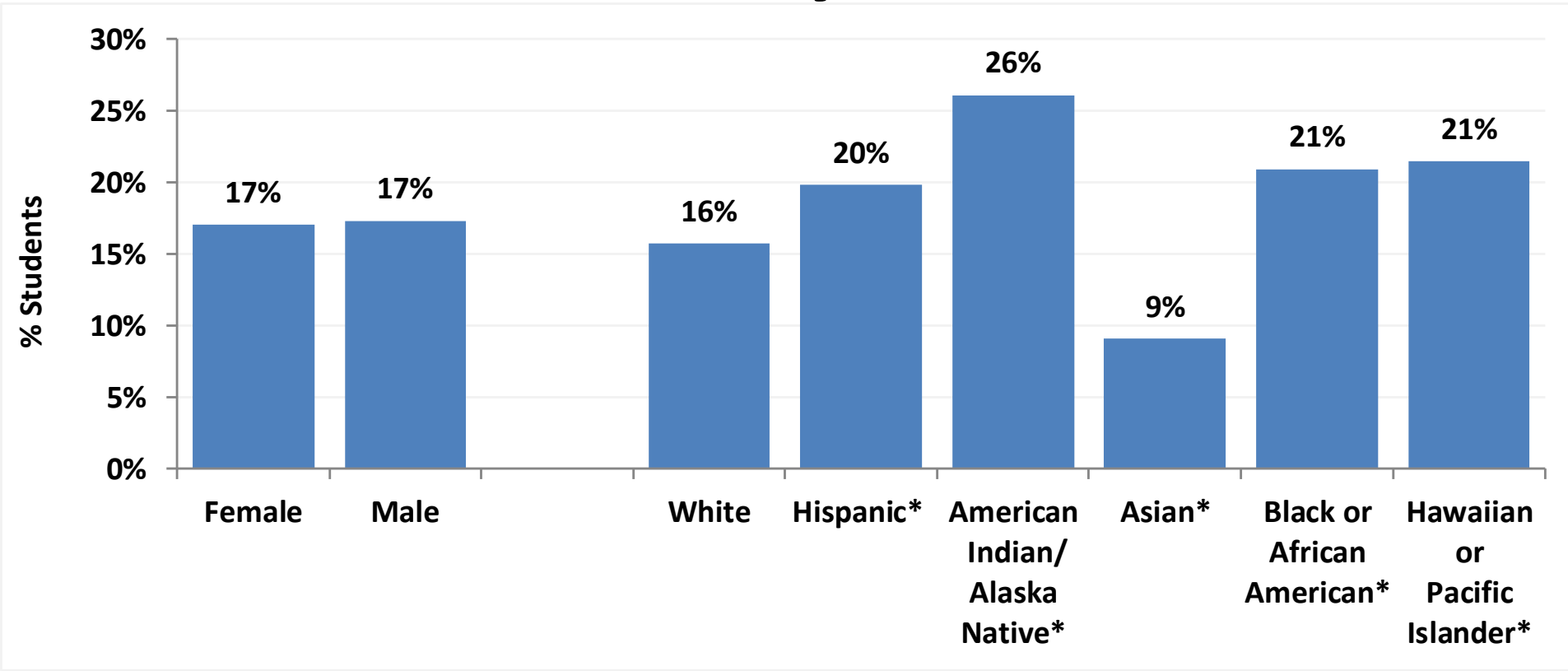


Among 10th graders
who used marijuana
in the past 30 days,
almost 1 in 3 used for
10 or more days





Current Marijuana Use by Gender & Race/Ethnicity, 10th Grade



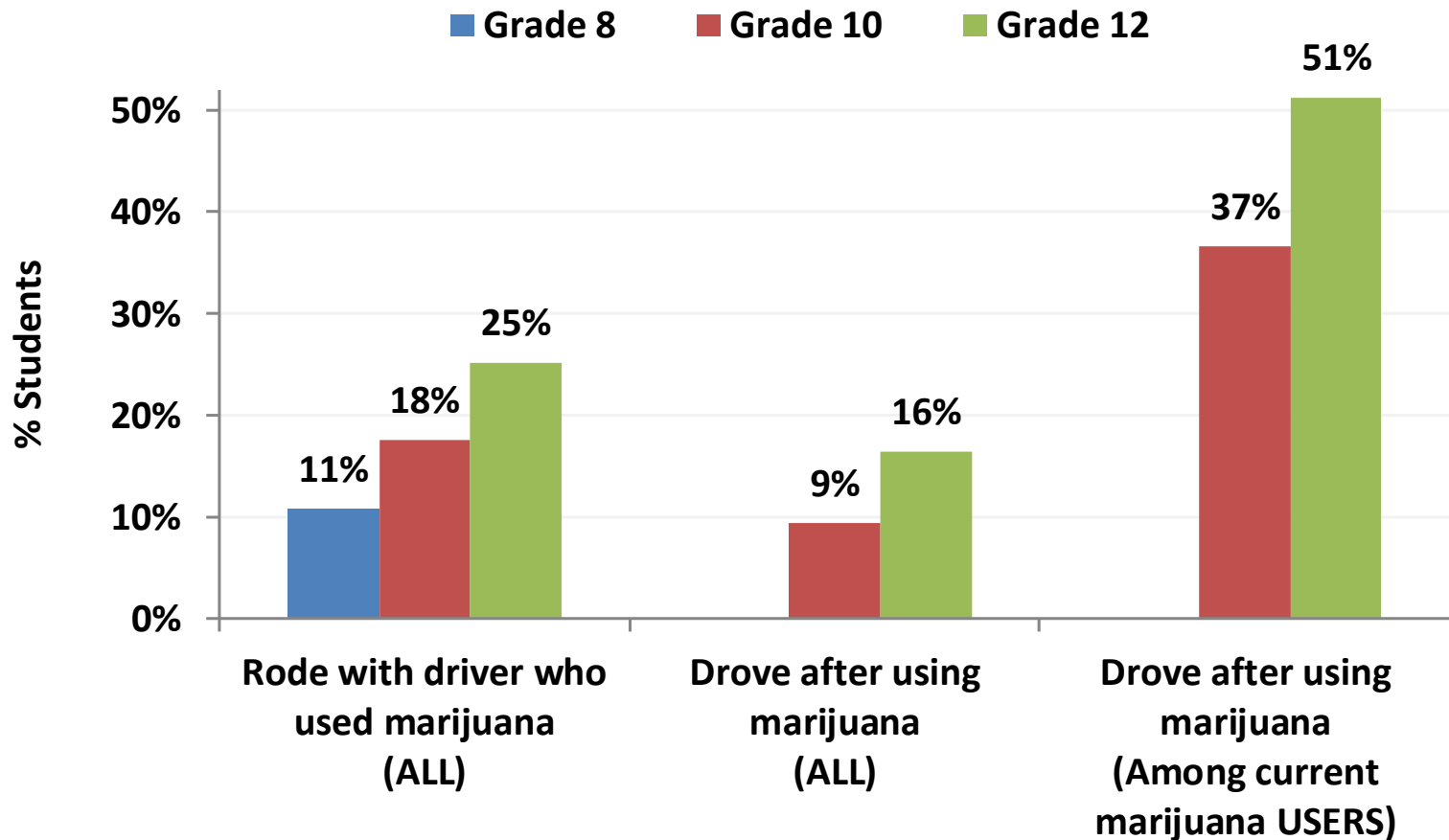
Source: Washington State Healthy Youth Survey – 2016.

Race/Ethnicity: Hispanic includes any respondent that selected Hispanic, all other races are non-Hispanic

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Marijuana - Riding and Driving, Among All Students & Current Users



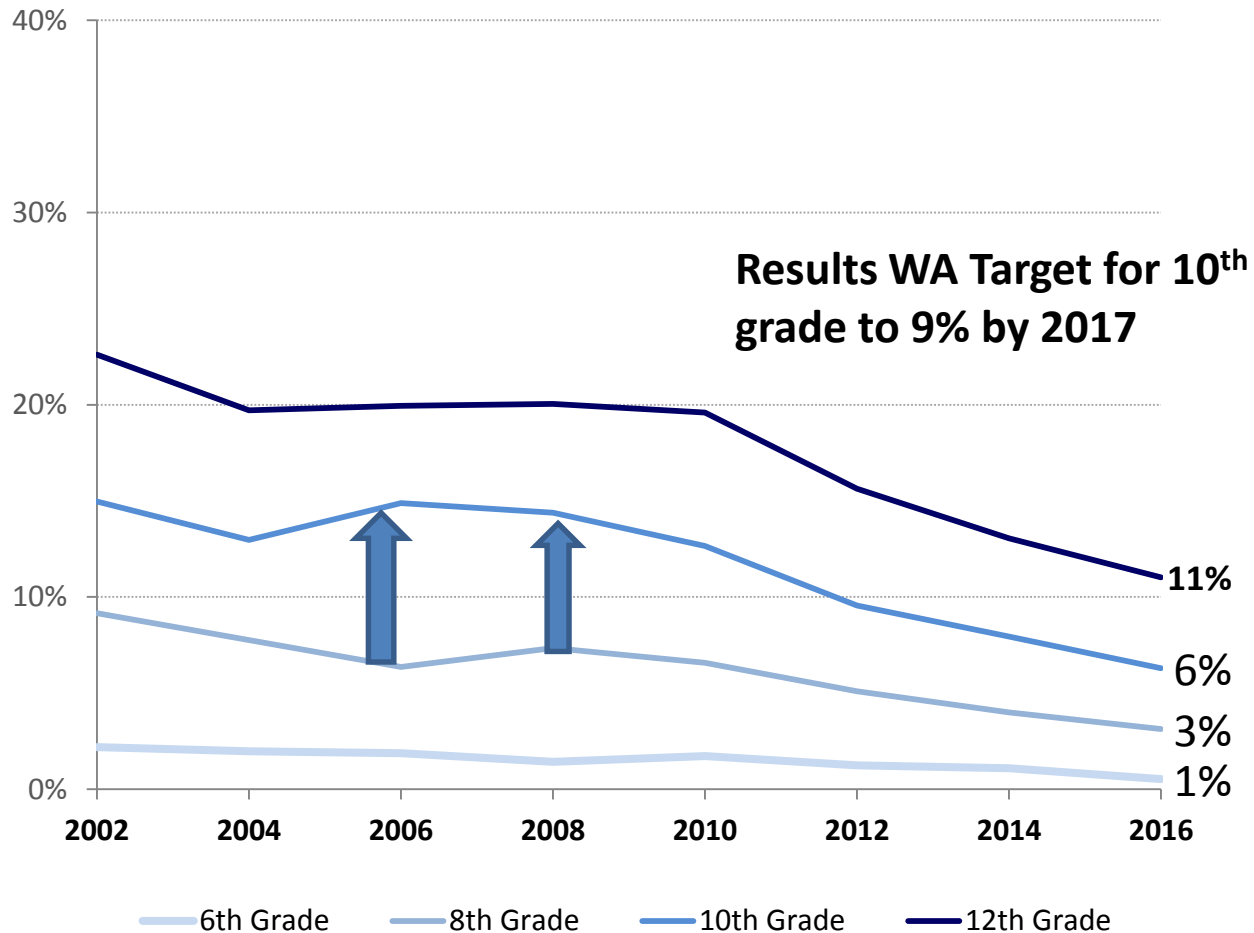
Source: Washington State Healthy Youth Survey – 2016.

Driving specifically includes those who drove within 3 hours after using marijuana



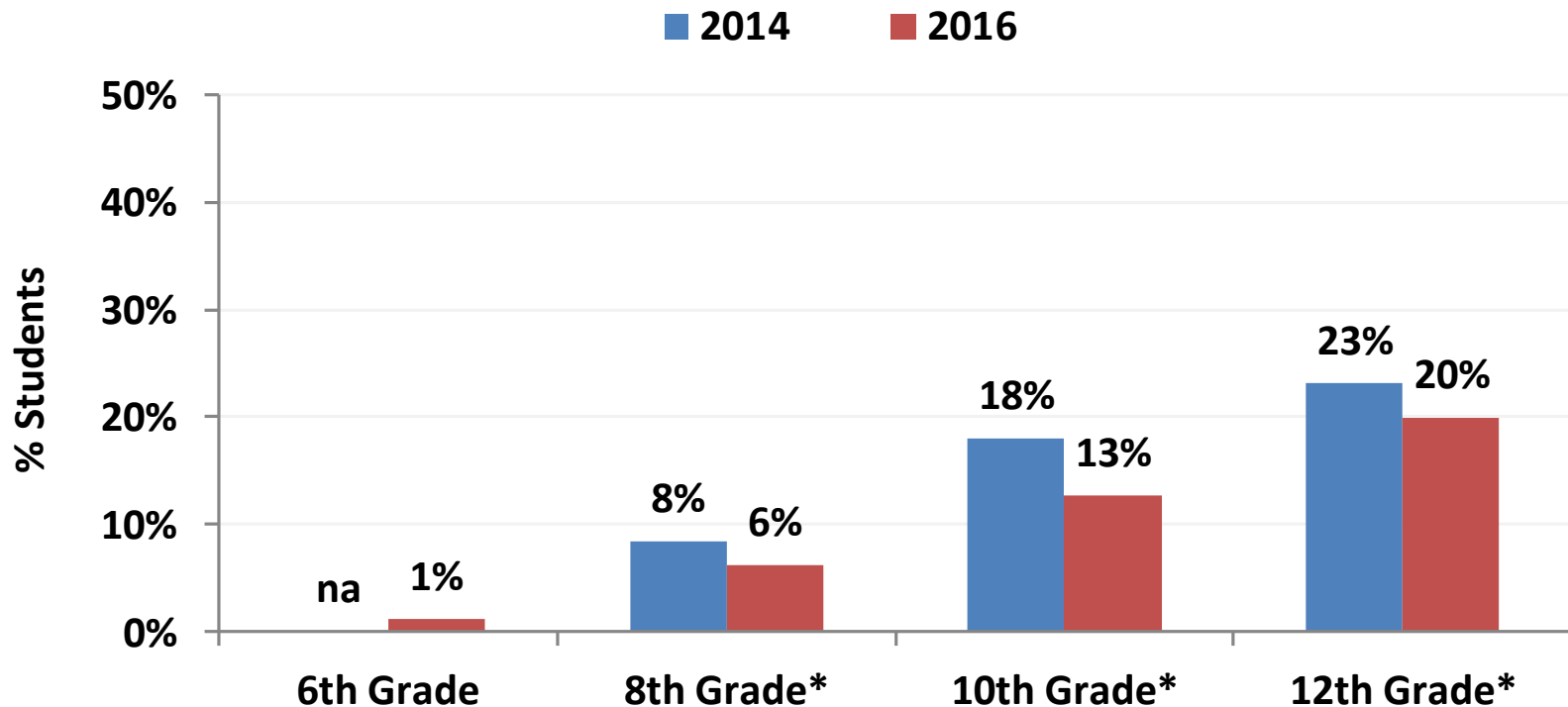
Cigarette Use: Past 30 Days

Year	10 th Grade Cigarette Use
2002	15%
2004	13%
2006	15%
2008	14%
2010	13%
2012	10%
2014	8%
2016	6%



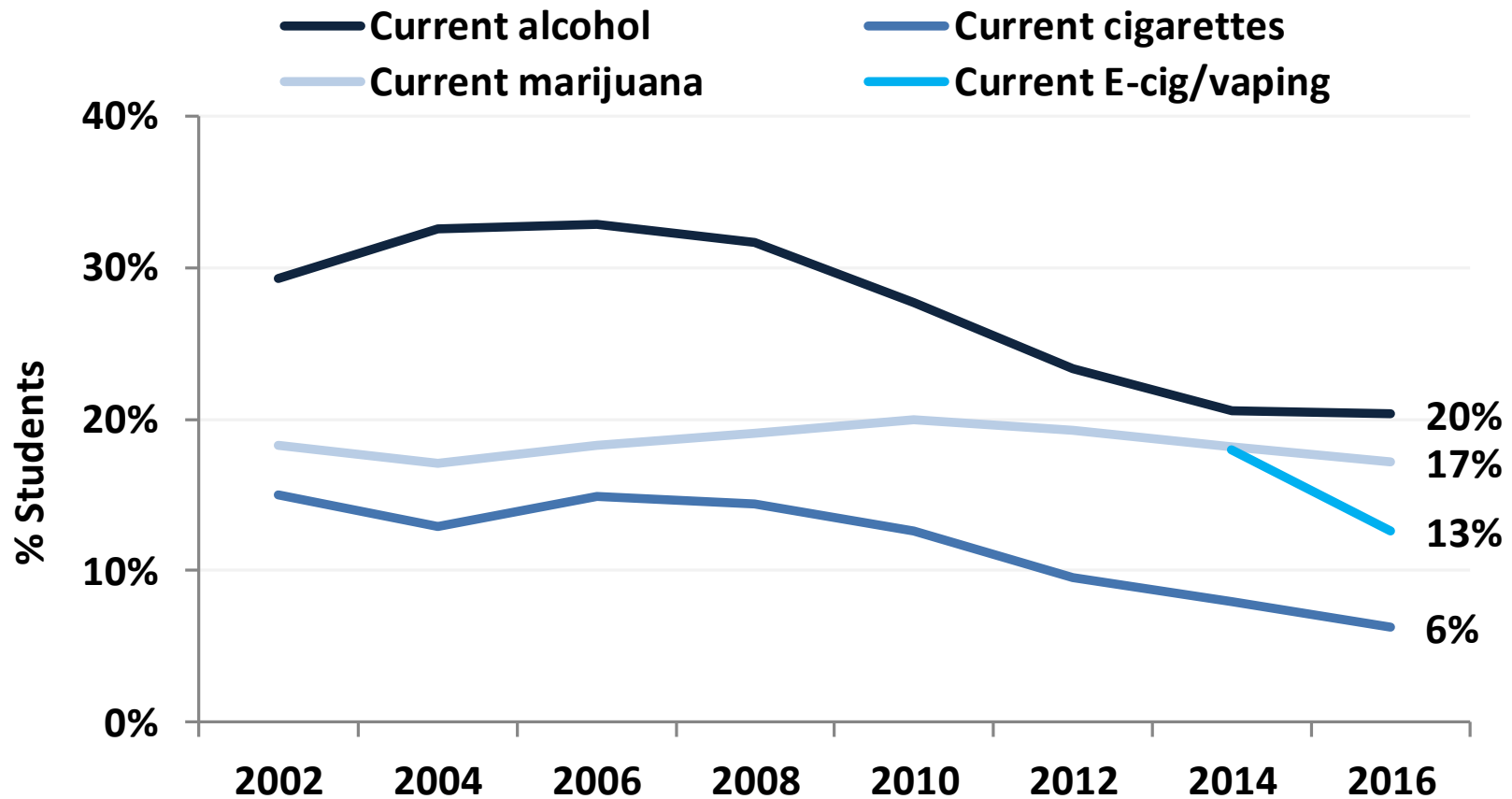


E-cig/Vape Use: Past 30 Days





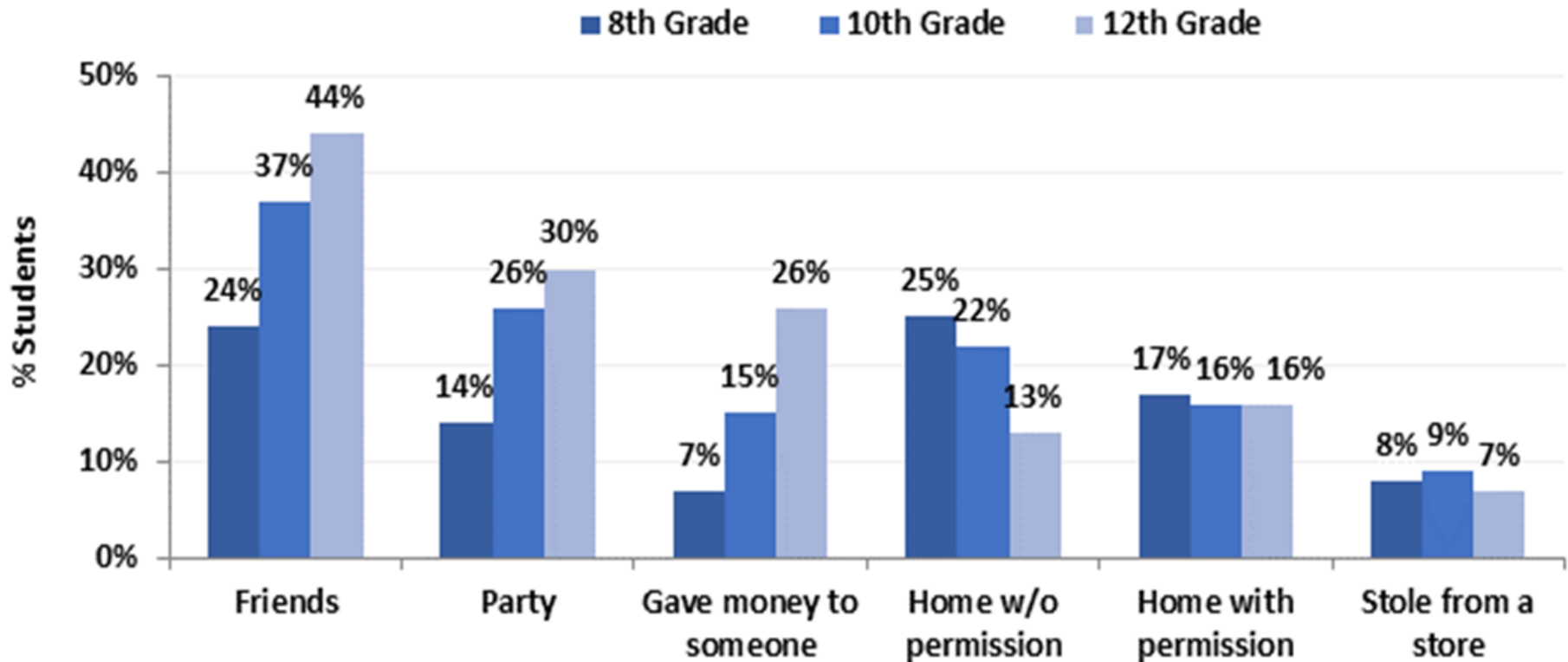
10th Grade Substance Use: Past 30 Days





Alcohol Access: Top 6 Responses

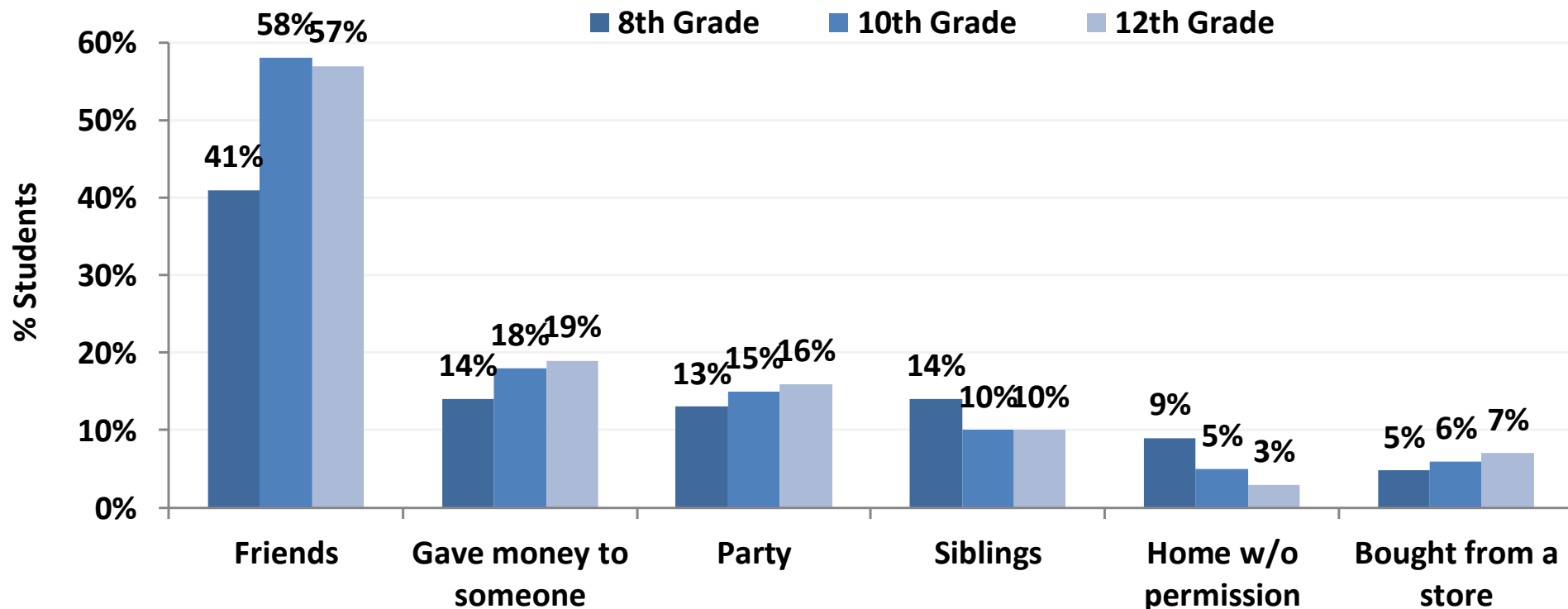
Where did you get alcohol in the past 30 days, among those who reported getting alcohol during the past 30 days





Marijuana Access: Top 6 Responses

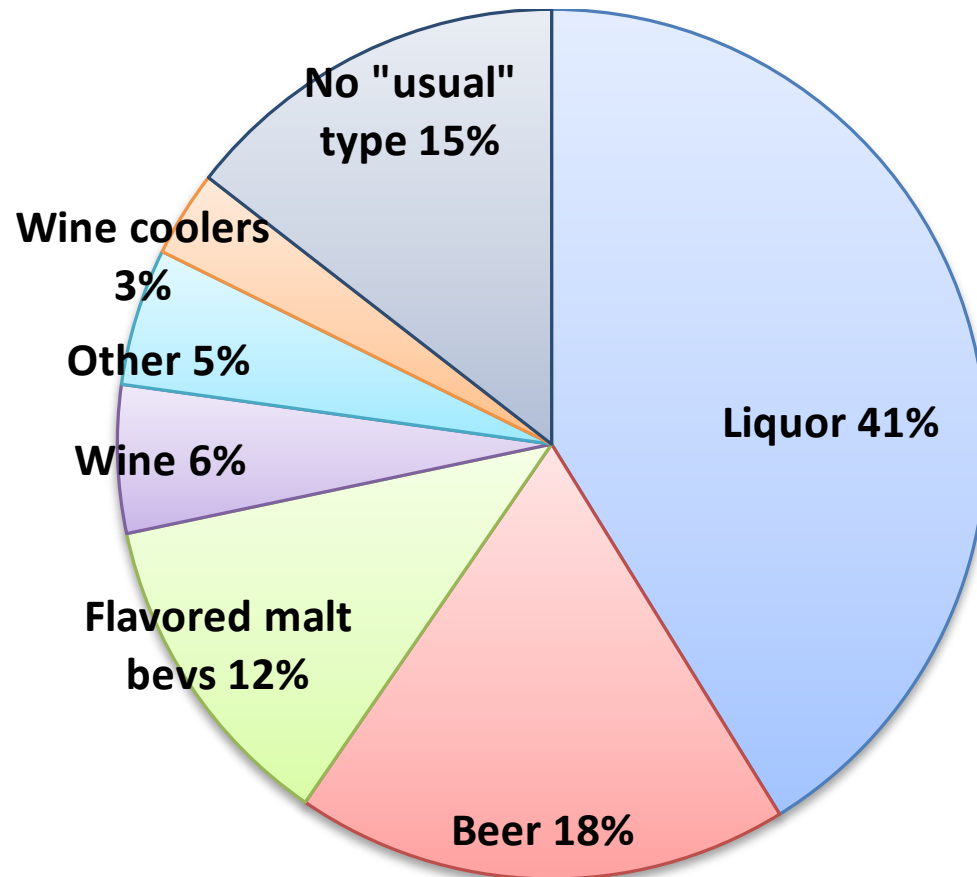
Where did you get marijuana in the past 30 days, among those who reported getting marijuana during the past 30 days





“During the past 30 days, what type of alcohol did you usually drink?”

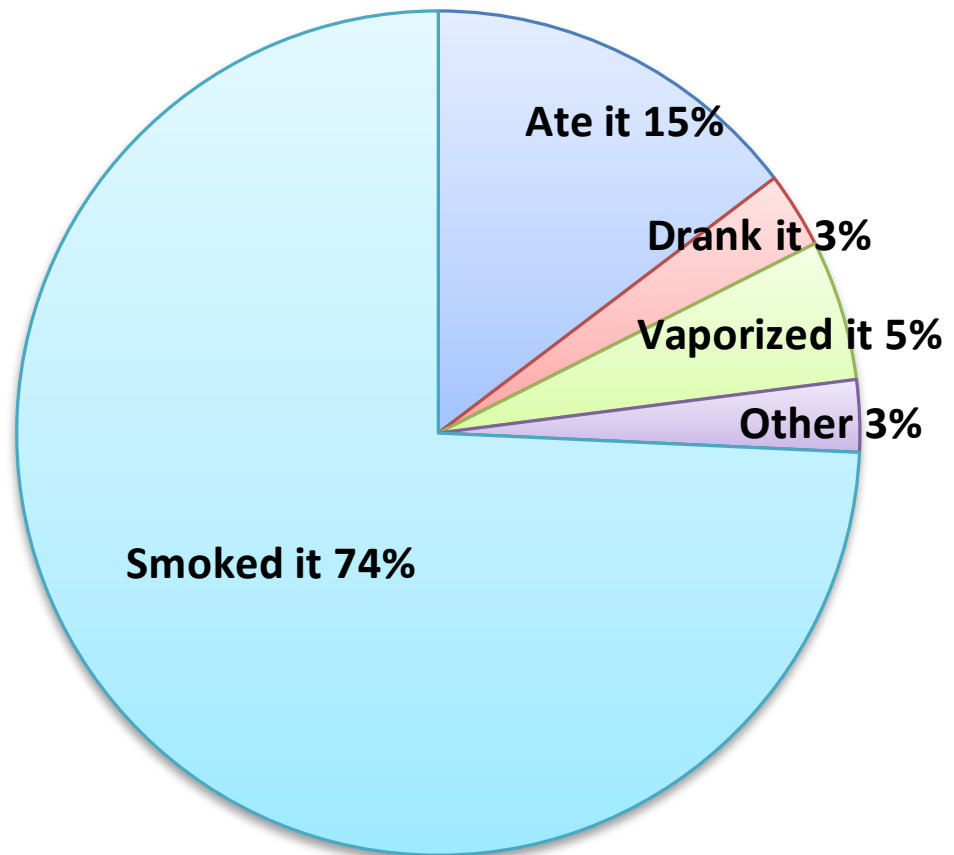
10th Grade





“During the past 30 days, if you used marijuana, how did you usually use it?”

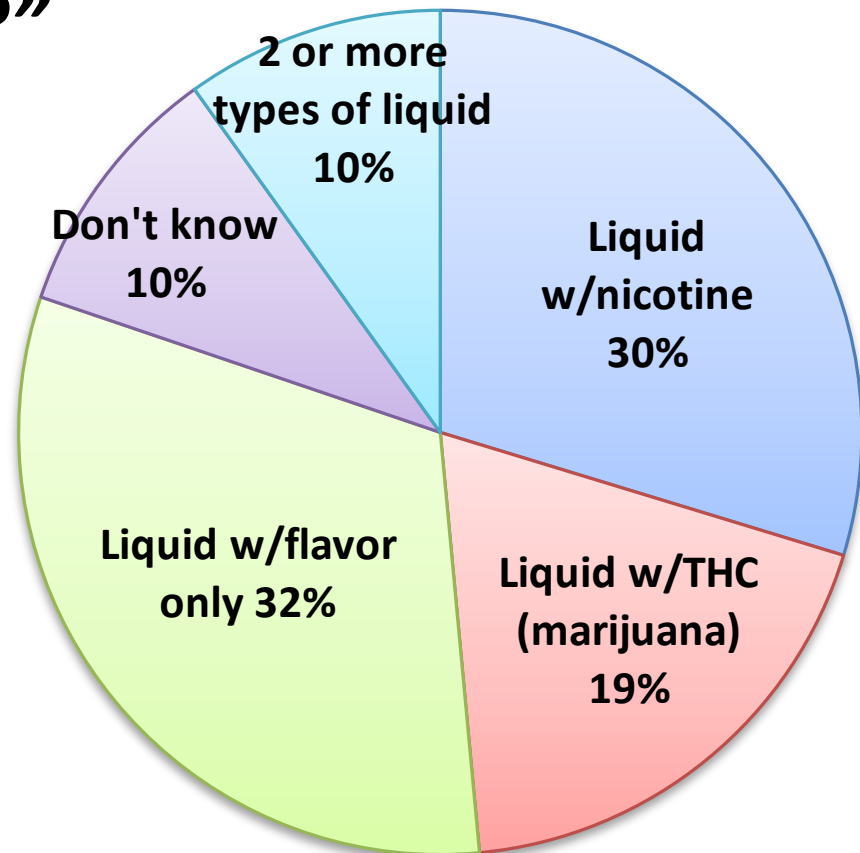
10th Grade





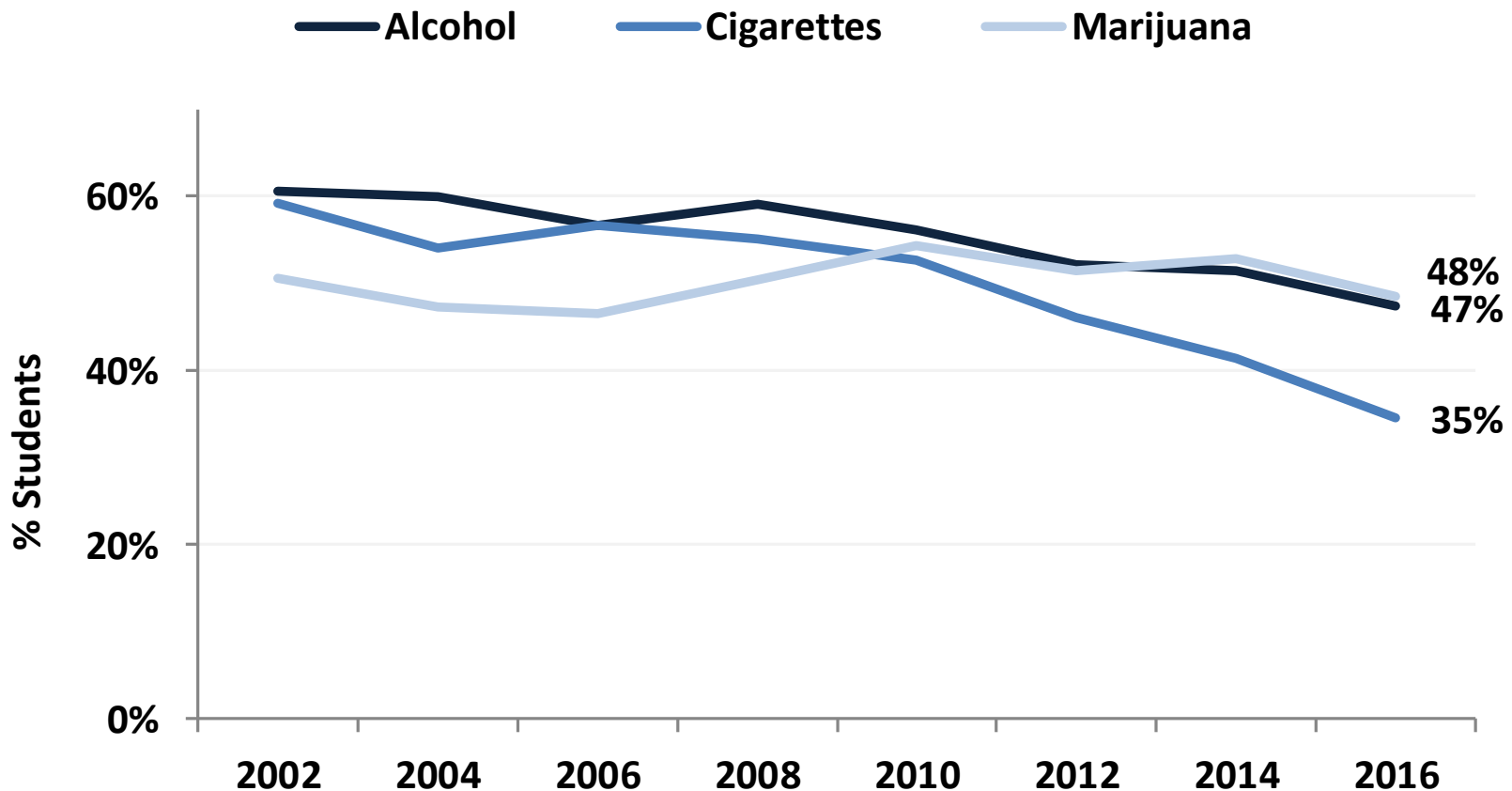
“During the past 30 days, what type of substances did you use in an electronic cigarette, also called e-cigs, or vape pens?”

10th Grade



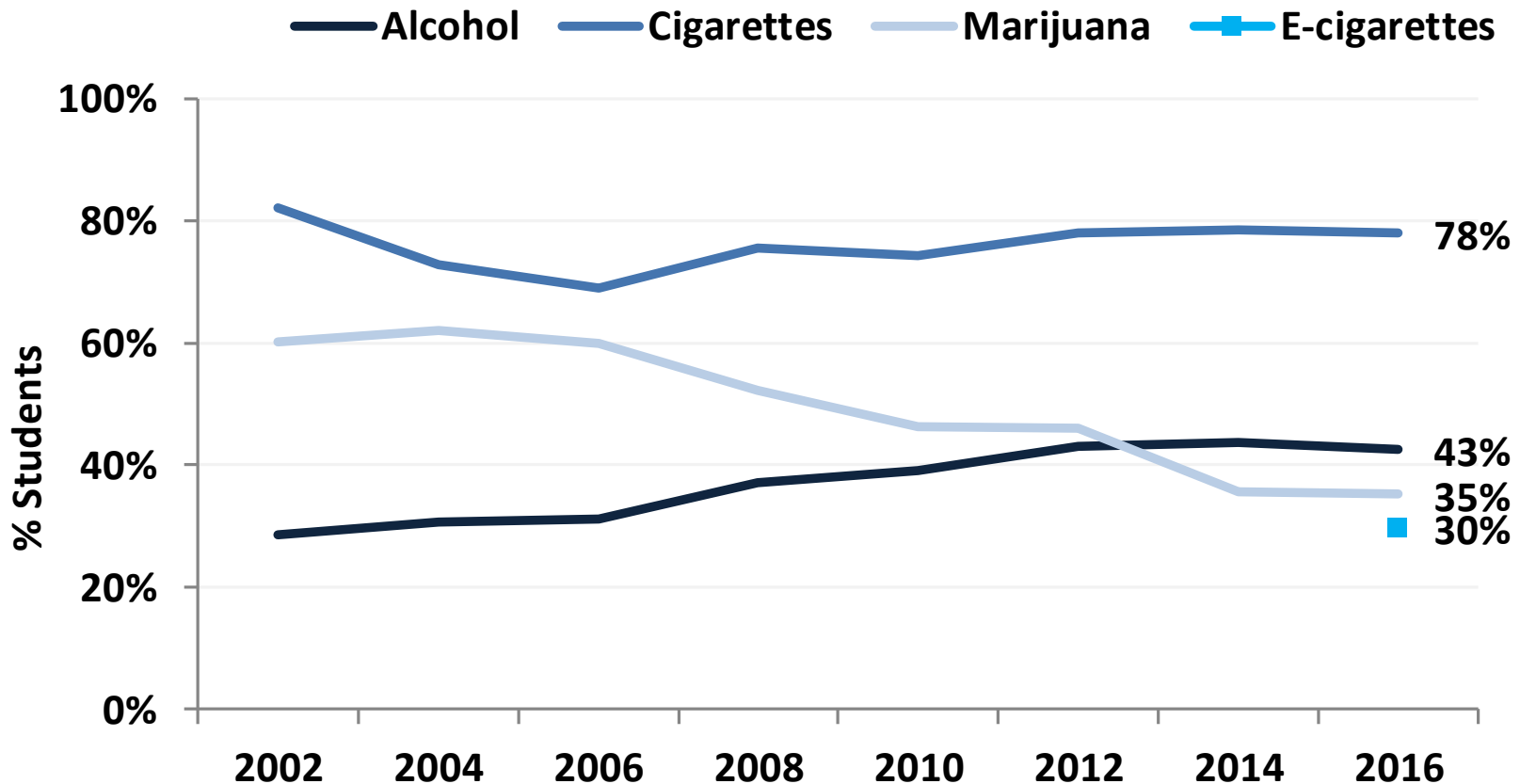


Youth Perceptions about Ease of Availability: 10th Graders -- sort of easy + very easy





Perceived “Great Risk of Harm” from Alcohol, Tobacco, and Marijuana Use: 10th Graders





Data Uses

Deliver crucial information important to make critical decisions, from the smallest school district to the Governor's Office.

Provides the ability to:

- Identify trends and patterns
- Guide policy formation
- Improve and evaluate programs
- Study health equity
- Apply for grant funding



Special Thanks to . . .

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Looking Glass Analytics

**Remember. . . go to www.AskHYS.net
for more information.**